



Rick Snodgrass

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**The Grateful Experiment:**

Today \_\_\_\_\_

Tomorrow \_\_\_\_\_

1. The fundamental mindset for the soul is \_\_\_\_\_.

2. Gratitude is a by-product of the way I \_\_\_\_\_.

Notes Continued

3. God's Benefit Package:

a. \_\_\_\_\_ and \_\_\_\_\_ the benefit.

b. \_\_\_\_\_ a benefactor.

c. There has to be a grateful \_\_\_\_\_.

4. The more I think I am \_\_\_\_\_, the less I will be grateful for.

5. Practice \_\_\_\_\_ grateful whether you feel it or not.  
Gratitude training...

***Small Group Soul Talk***

Put together a Gratitude Training program that you all agree on, and train for a week.